

SKIN INFECTIONS, FUNGAL
(Dermatophyte)
Level II

Skill Level: RN

Definition: External body, non-mucosal, superficial skin infections with common yeast or fungal elements not responding to Level I treatment plan. Compromised individuals with dermatophytic processes require special attention to treatment needs.

MODERATE (Ringworm)	
<p>Subjective:</p> <ul style="list-style-type: none"> • "I have ringworm." • "These little round things itch." 	<p>Assessment:</p> <ul style="list-style-type: none"> • Alteration in skin integrity. • Ringworm.
<p>Objective:</p> <ul style="list-style-type: none"> • Ring shaped pink scaling, itchy lesions spreading in circular fashion 1-3 cm in size, few in number. 	<p>Plan:</p> <ul style="list-style-type: none"> • Lotrimin cream bid to affected area x 30 days. • Recheck in 2 weeks, if resolving instruct patient to continue treatment with antifungal cream. If not resolving, schedule with practitioner.

MODERATE (Athlete's Foot/Groin Rash/Skin Folds)	
<p>Subjective:</p> <ul style="list-style-type: none"> • This medicine isn't helping my athlete's foot/groin rash. • This foot or groin rash is spreading. • "This rash hurts", or "is draining". 	<p>Assessment:</p> <ul style="list-style-type: none"> • Alteration in skin integrity. • Moderate athlete's foot/groin rash.
<p>Objective:</p> <ul style="list-style-type: none"> • Dry, flaky skin involving more than limited areas of between toes/groin. • May be swollen, tender to palpation, cracked and/or inflamed. • Involved area may be macerated. 	<p>Plan:</p> <p>Patient education and self-care items for this protocol include:</p> <ul style="list-style-type: none"> • Tolnaftate cream • Recheck in 2 weeks, if resolving may continue Tolnaftate cream self-care for an additional 2 weeks. <p>At nursing discretion may use any of the below:</p> <ul style="list-style-type: none"> • If not resolving after 2 weeks or completely resolved with continuous 4 week treatment with Tolnaftate schedule with practitioner. • If patient is Diabetic or Immune Compromised, Clotrimazole Cream BID x one month. • Schedule with provider if Diabetic or Immune Compromised and not improving.

Skin Infections, Fungal – Level II

Severe (Athlete's Foot/Groin Rash)	
<p>Subjective:</p> <ul style="list-style-type: none"> • "This medicine isn't helping my athlete's foot/groin rash." • "This rash (feet/groin) is spreading, hurts, is draining." • "It looks like pus now". 	<p>Assessment:</p> <ul style="list-style-type: none"> • Alteration in skin integrity. • Athlete's foot/groin rash, with second bacterial infection.
<p>Objective:</p> <ul style="list-style-type: none"> • Skin areas swollen, tender, cracked or inflamed. • May be developing pustules. May involve extended areas. • Serous crusting at edges. 	<p>Plan:</p> <p>At nursing discretion may use any of the below:</p> <ul style="list-style-type: none"> • Lotrimin cream BID x 30 days. • Observe for complication of cellulitis (bacterial skin infection). • Refer to appropriate protocol for further treatment, i.e., Bacterial Skin Infections. • Schedule with practitioner.

Patient Education:

1. Change into clean white socks as allowed.
2. Wash and dry between toes frequently.
3. Put on socks first to prevent fungus from spreading from feet to groin.

APPROVED:

Medical Services Manager

Date

Chief Medical Officer

Date



Medical Director

7/28/09

Date

Effective Date: _____
Revised: June 2009